



## Killarney Organic Body Treatments

### **SWEDISH MASSAGE - 55mins €80 / 30mins €50**

Relaxation or Deep tissue tailored to the client's comfort. Back, neck and shoulders.

### **HOT STONE MASSAGE - 55mins (€90) / 30mins (€50)**

Basalt Hot Stones enable a deeper massage experience to sooth tension.

### **INDIAN HEAD MASSAGE - 30mins (€50)**

A head massage to focus on balancing the body's energy, eliminating tiredness, alleviate headaches, eye strain, stress and muscle tension.

### **RELAXING MOMENTS MASSAGE - 55mins (€85)**

A combination of 3 massages Swedish, Hot Stone, Indian Head & Foot Massage.

### **EAR CANDLING - 30 mins (€45)**

A natural gently cleansing treatment for the ear canal

### **RELFXOLOGY - 55mins (€75) / 30mins (€50)**

Reflexology can treat the whole body through the feet and can unblock flow of energy in organs and rebalance entire systems.

### **TIRED LEGS & FEET - 30mins (€50)**

This foot massage improves circulation, stimulates muscles, reduces tension, and often eases pain.

### **LUXURIOUS ORGANIC PAMPER PACK - 90mins (€199) includes Skincare after care kit**

\* 1 hour full body Massage of your choice

\* 30 min Facial

\* Killarney Organic skincare kit to continue your new skincare Routine

(cleansing balm, cleansing cloth, toner, moisture extreme recovery balm and infused oil)

For reservations, please call 087 2172175 or Email: [renewwithrosemary@gmail.com](mailto:renewwithrosemary@gmail.com)

**Killarney Organic Skincare** are handmade Plant Power products and together with our Therapies we aim to relax, heal and balance the Mind, Body and Spirit. - <https://killarneyorganic.ie>